

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|---|--|---|--|
| <p>Lunch Prices:<br/>Regular: \$2.85<br/>reduced .40<br/>or Free<br/>Adult-\$3.50</p>  | <p>1<br/><b>NEW YEAR'S DAY</b></p>  | <p>2<br/><b>Taco Soup</b><br/>Tortilla Chips<br/>Cherry Tomatoes<br/>Fruit &amp; Milk</p>  | <p>3<br/><b>Cheese Quessadillas</b><br/>Spanish Rice<br/>Refried Beans<br/>Baby Carrots<br/>Fruit &amp; Milk</p>            | <p>4<br/><b>Pizza Day</b><br/>Steamed Veggies<br/>Caesar Salad<br/>Fruit &amp; Milk</p>                                |
| <p>7<br/><b>Chicken Parmesan</b><br/>Buttered Noodles<br/>Mixed Veggies<br/>Fresh Spinach<br/>Fruit &amp; Milk</p>  | <p>8<br/><b>Chicken &amp; Rice Bake</b><br/>Dinner Roll<br/>Green Beans<br/>Baby Carrots<br/>Fruit &amp; Milk</p>     | <p>9<br/><b>Cheesy Enchilada Bake</b><br/>Pinto Beans<br/>Cranberry Salad<br/>Romaine Lettuce<br/>Fruit &amp; Milk</p>           | <p>10<br/><b>Tator Tot Bake</b><br/>Dinner Roll<br/>Mixed Veggies<br/>Baby Carrots<br/>Fruit &amp; Milk</p>                 | <p>11<br/><b>Hot Dog w/Bun</b><br/>Baked Fries<br/>Garden Salad<br/>Fruit &amp; Milk</p>                               |
| <p>14<br/><b>Cheesy Baked Pasta</b><br/>Golden Corn<br/>Fresh Broccoli<br/>Fruit &amp; Milk</p>   | <p>15<br/><b>Baked Chicken Drummie</b><br/>Brown Rice<br/>Black Beans<br/>Fresh Tomato<br/>Fruit &amp; Milk</p>       | <p>16<br/><b>Turkey in Gravy Biscuit</b><br/>Mashed Potatoes<br/>Baby Carrots<br/>Fruit &amp; Milk</p>                           | <p>17<br/><b>Sweet N Sour Chicken Nuggets</b><br/>Brown Rice<br/>Glazed Carrots<br/>Fresh Broccoli<br/>Fruit &amp; Milk</p> | <p>18<br/><b>Pizza Day</b><br/>Green Beans<br/>Garden Salad<br/>Fruit &amp; Milk</p>                                   |
| <p>21<br/><b>Pancakes</b><br/>Cheesy Scrambled Eggs<br/>Tator Tots<br/>Baby Carrots<br/>Fruit &amp; Milk</p>  | <p>22<br/><b>Chicken Parmesan</b><br/>Buttered Noodles<br/>Blended Veggies<br/>Fresh Spinach<br/>Fruit &amp; Milk</p> | <p>23<br/><b>BBQ Pork Sandwich</b><br/>Swt. Potato Waffle Fry<br/>Golden Corn<br/>Coleslaw<br/>Fruit &amp; Milk</p>              | <p>24<br/><b>Beef and Cheese Nachos</b><br/>Bean Salsa<br/>Diced Tomato<br/>Fruit &amp; Milk</p>                            | <p>25<br/><b>Cheeseburger w/Bun</b><br/>Potato Wedges<br/>Garden Salad<br/>Fruit &amp; Milk</p>                        |
| <p>28<br/><b>Mac N Cheese</b><br/>Breadstick<br/>Steamed Peas<br/>Cherry Tomatoes<br/>Fruit &amp; Milk</p>  | <p>29<br/><b>Turkey in Gravy</b><br/>Mashed Potatoes<br/>Bread Slice<br/>Baby Carrots<br/>Fruit &amp; Milk</p>        | <p>30<br/><b>Italian Meat Sauce</b><br/>Spaghetti Noodles<br/>California blend veggie<br/>Fresh Spinach<br/>Fruit &amp; Milk</p> | <p>31<br/><b>Walking Taco</b><br/>Seasoned Rice<br/>Mexi-Corn<br/>Bean Salsa<br/>Fruit &amp; Milk</p>                       |  <p>Choose <b>MyPlate</b>.gov</p> |

**NUTRITION BAR**

Included with your meal and offered daily.

Choose from a variety of fresh fruits or vegetables, including Romaine Lettuce..

For questions and comments, please email the Food Service Director at [briony.storz@aviands.com](mailto:briony.storz@aviands.com) or call **920.583.2562**