

FUEL ZONE CAFE

Oakfield Middle & High School Lunch Menu

JANUARY 2019

Fruit, Veggies, & Milk available with all Entrees to make a meal.
A la carte items may be purchased via account or cash.
Entrees sold with out sides or milk purchased with a home lunch are considered a la carte purchases.

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
**Happy New Year
Cheers to 2019**

2
Pizza Dippers
Marinara Sauce
Steamed Veggies
Cherry Tomatoes

3
Cheese Quesadilla
Spanish Rice
Refried Beans
Chef's Choice Veggie
Enchilada Bake

4
**Sriracha Lo Mein
Bowl**
Oriental Blend Veggie
Edamame
Chicken Nugget
Basket

7
Chicken Parmesan
Buttered Noodles
Winter Blend Veggie
Fresh Spinach
Stuffed Baked Potato

8
Chicken Soup
Dinner Roll
Baby Carrots
3 Meat Pizza

9
Pepperoni Pizza
Marinara Sauce
Steamed Veggies
Cranberry Salad
Chicken Ranch
Sandwich

10
**Honey Mustard
Baked Chicken**
Dinner Roll
Brown Baked Beans
Baby Carrots
Chicken Fajitas

11
**Chicken Caesar
Wrap**
Sun Chips
Golden Corn
Veggie Mix Up
Fish Sticks & Fries

14
Marinara Pasta
Golden Corn
Fresh Broccoli
Tater Tot Nachos

15
Jerk Chicken
Brown Rice
Black Beans
Fresh Tomato
Chicken Bacon
Ranch Pizza

16
Turkey in Gravy
Biscuit
Mashed Potatoes
Baby Carrots
Chicken Cordon Bleu
Sandwich

17
Orange Chicken
Brown Rice
Glazed Carrots
Fresh Broccoli
Cheese Quesadillas

18
**Pasta Rosa with
Meatballs**
Green Beans
Garden Salad
BBQ Meatballs &
Potato Wedges

21
Waffles
Sausage Links
Juice/WC Apples
Baby Carrots
Loaded Mashed
Potatoes

22
**Chicken Parmesan
Sandwich**
Steamed Veggie Blend
Fresh Spinach
Mac n Cheese Pizza

23
**BBQ Pork
Sandwich**
Golden Corn
Coleslaw
Cheese Chicken
Sandwich

24
Korean BBQ
Brown Rice
Oriental Blend Veggies
Edamame
Beef & Cheese
Nachos

25
**Roast Pork &
Dressing**
Celery Sticks
SW Bacon
Cheeseburger w/
Tots

28
Fish Sticks
French Fries
Steamed peas
Cherry Tomatoes
Ham & Au Gratin
Potatoes

29
Chicken Pot Pie
Warm Biscuit
Baby Carrots
Bacon Cheeseburger
Pizza

30
**Spaghetti with
Meat sauce**
CA Blend
Fresh Spinach
BBQ Chicken
Sandwich

31
**Buffalo Chicken
Hoagie**
JoJo potatoes
Fresh Celery
Pork Taco

Text here.



Specials

Selection of
Cheese Burger,
Chicken Patty, or
Daily hot
Sandwich

The Grille

Monday:
Tuesday:
Wednesday:
Thursday:
Friday:

The Deli

Potato Bar
Pizza by the Slice
Chef's Choice
Mexican Fiesta
Chef's Choice

Bravo

Customize meals
your way and add
fruits, veggies,
and milk to make a
meal.

GOOD to GO

Grab n Go
sandwiches, PB &
Jelly, Yogurt
parfaits, and
Salads

Menu Key: FP = Fresh Pick • WG = Whole Grain

ELIOR NORTH AMERICA